

























































My Brush Chart

Color the stars on the days you brushed your teeth 2 times for 2 minutes.

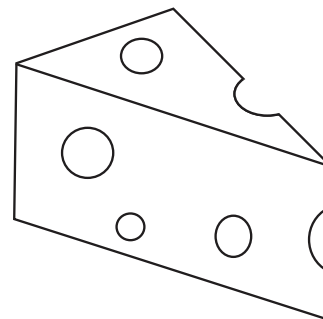
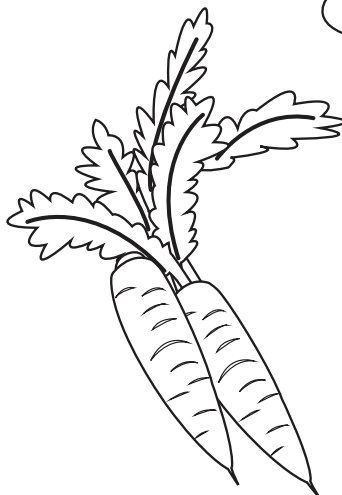
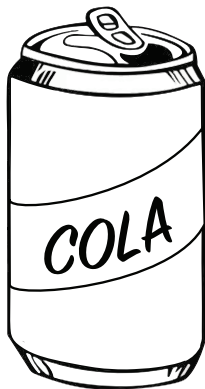
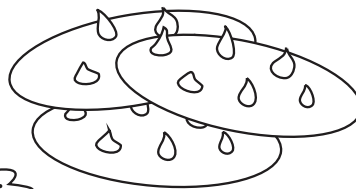
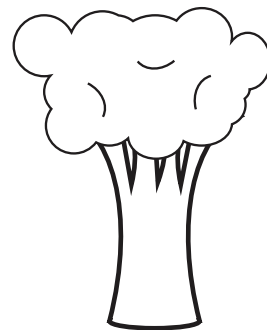
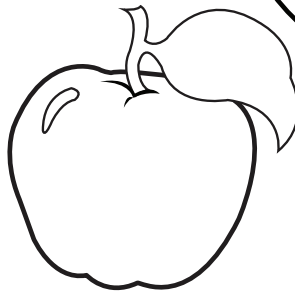
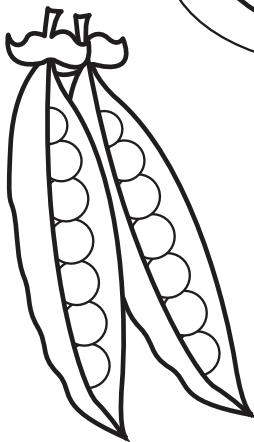
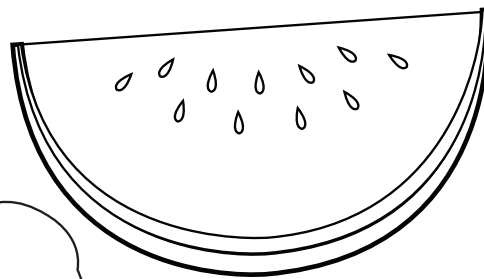
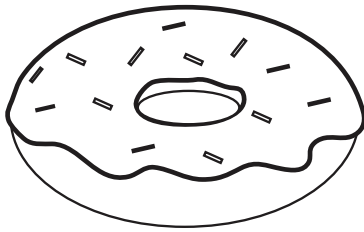
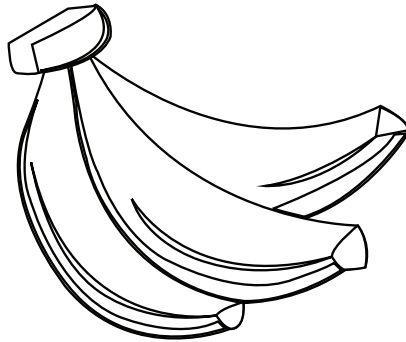
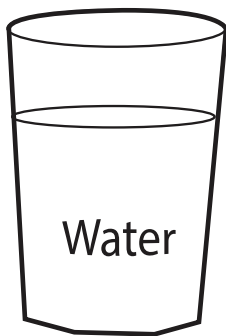
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1							
Week 2							
Week 3							
Week 4							

My Floss Chart

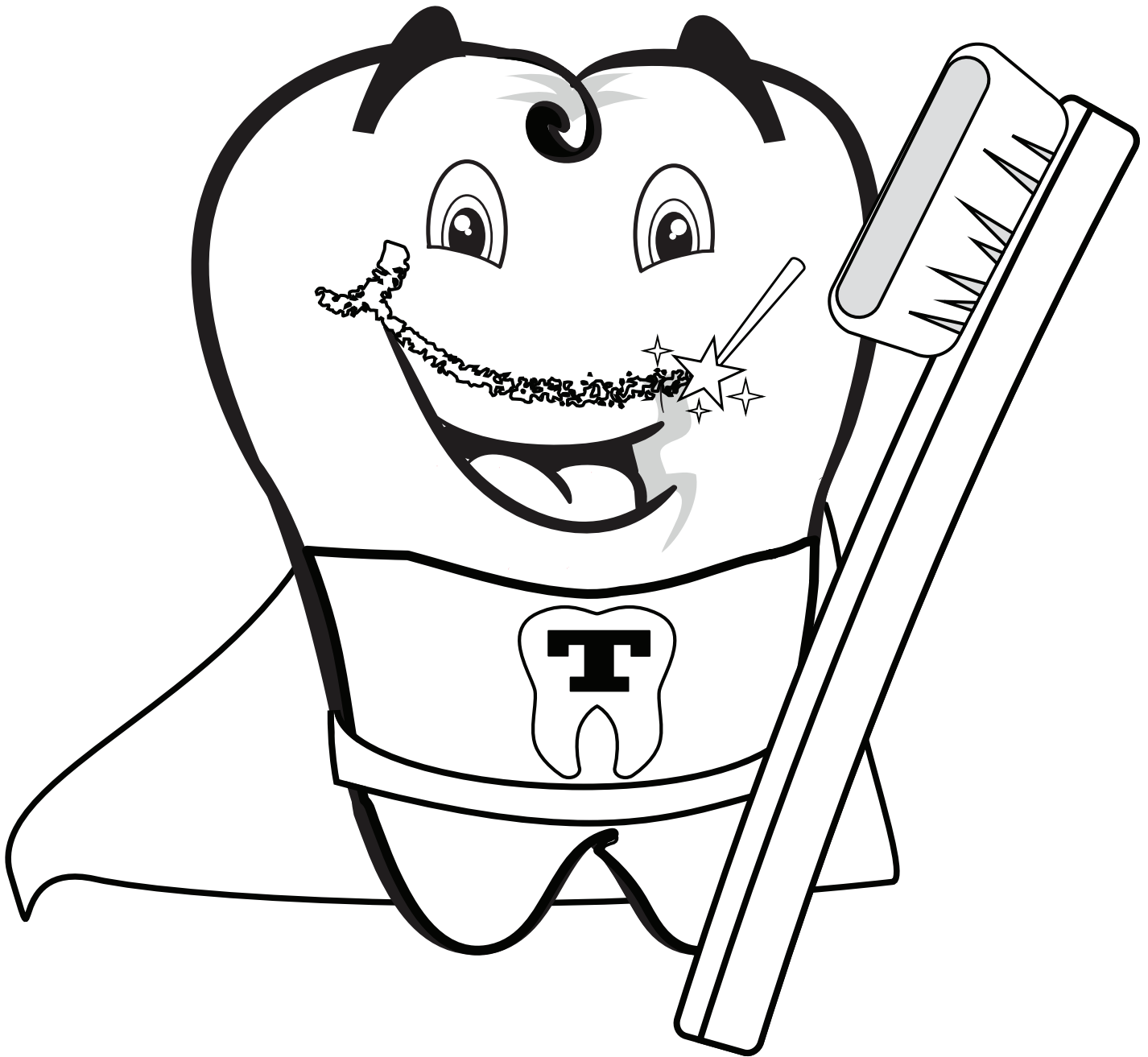
Color the smiley face on the days you flossed your teeth.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1							
Week 2							
Week 3							
Week 4							

Color in the foods below!
Circle the tooth-friendly snacks!

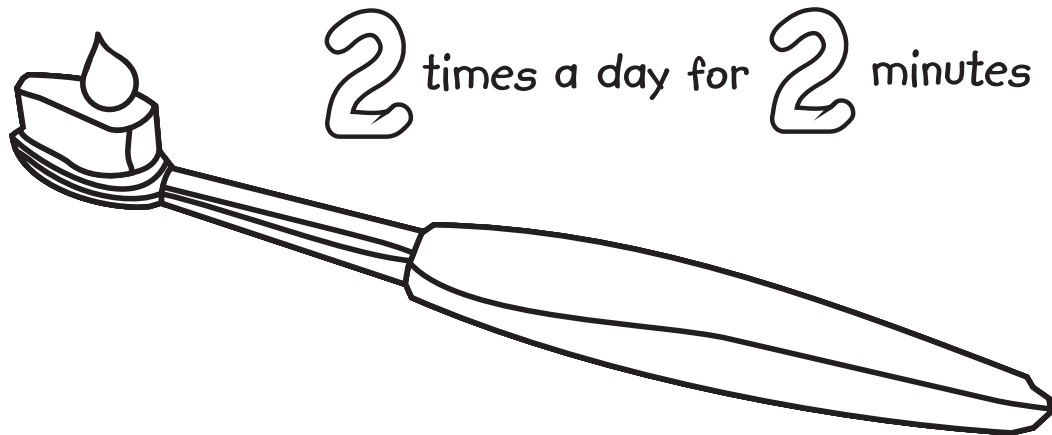


Color SuperTooth.



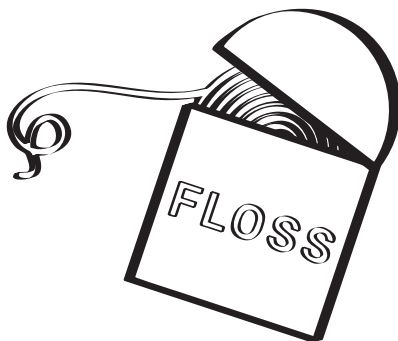
Color THE BIG FOUR.

① BRUSH



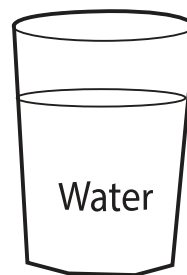
② FLOSS

1 time a day



③ RINSE

with



or

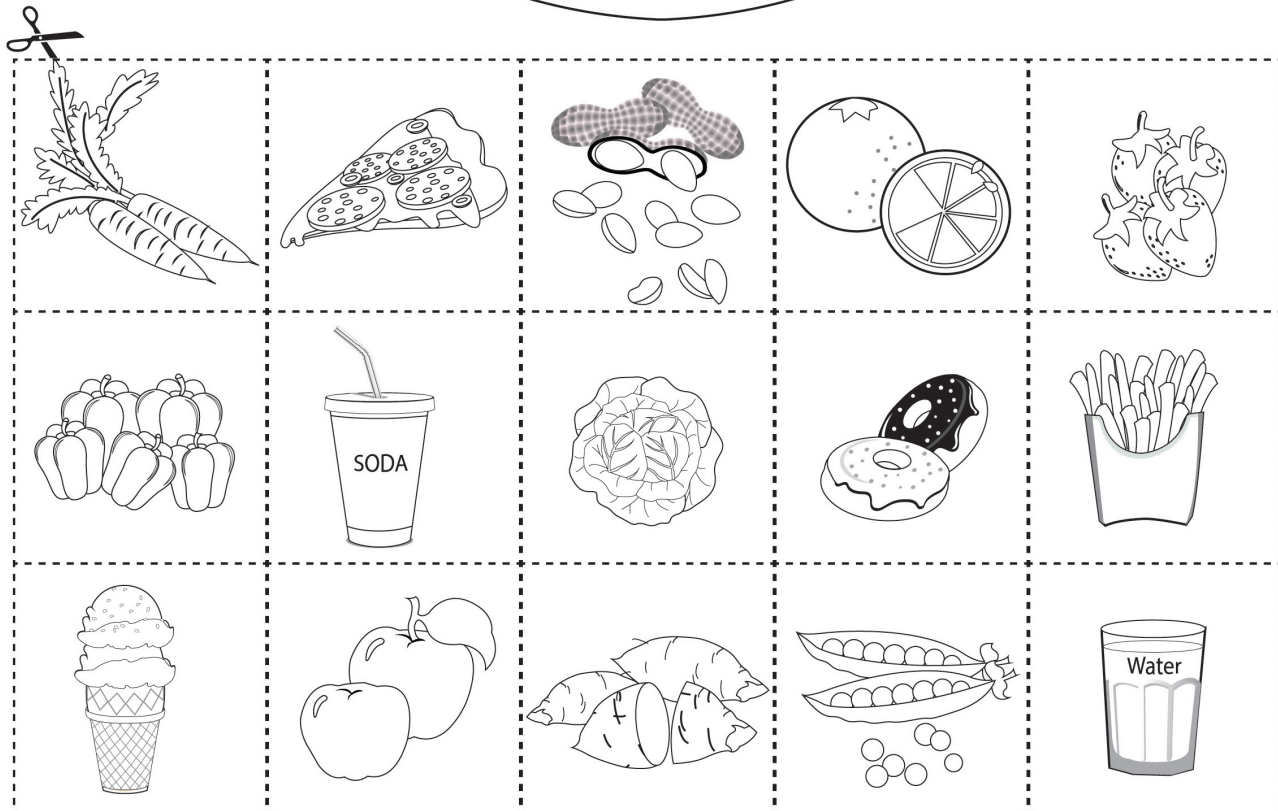
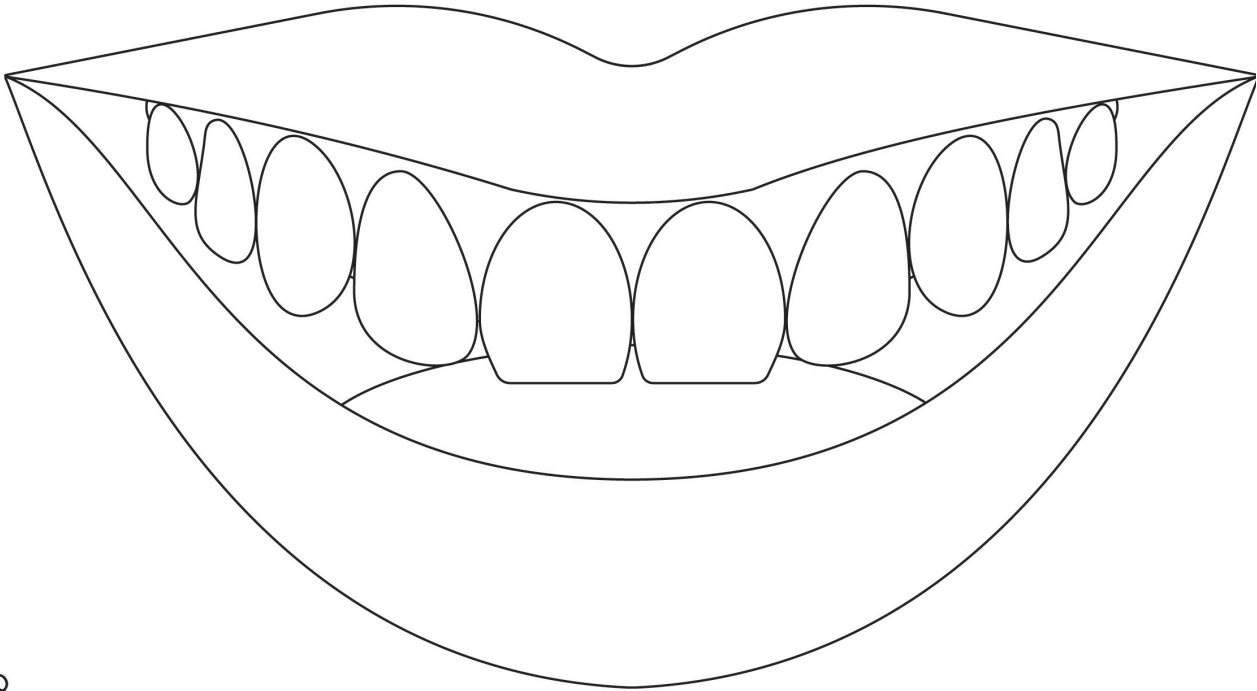


(children 6+)

④ REPEAT

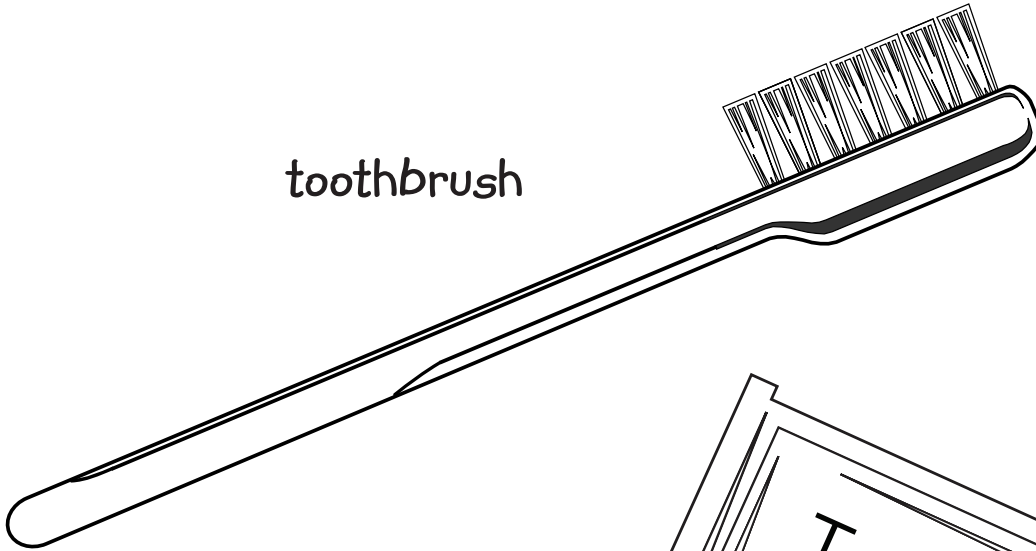
Every day!

Color the mouth and foods below. Draw a line or cut out the foods and place or glue the healthy and nutritious foods in the mouth.

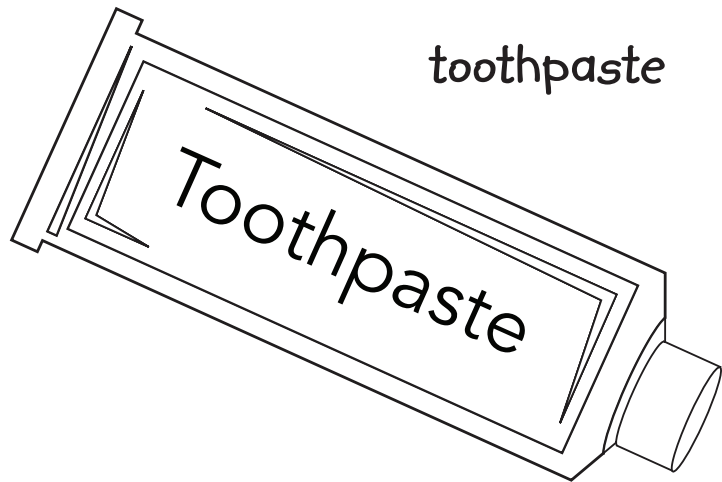


Color the toothbrush, toothpaste, floss and mouthwash.

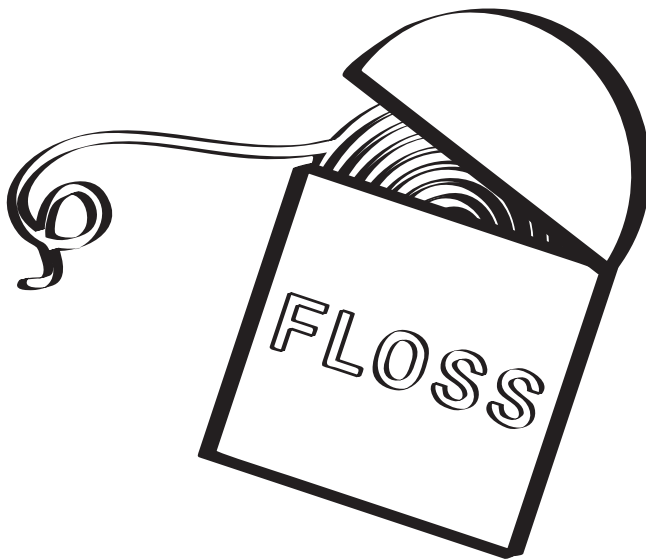
toothbrush



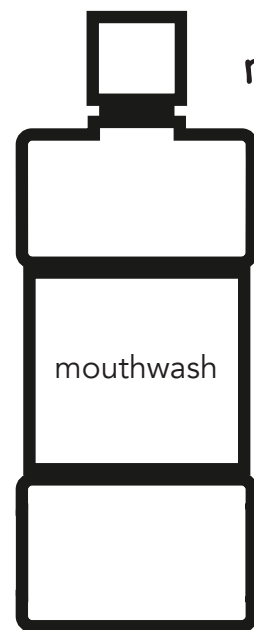
toothpaste

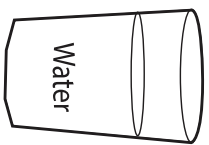
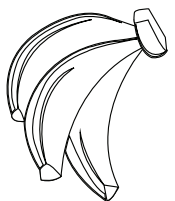
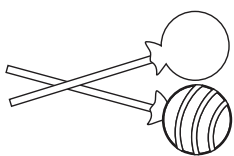

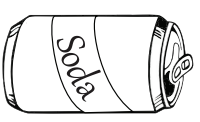
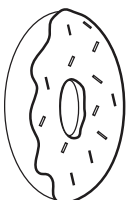
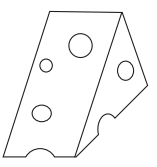


floss



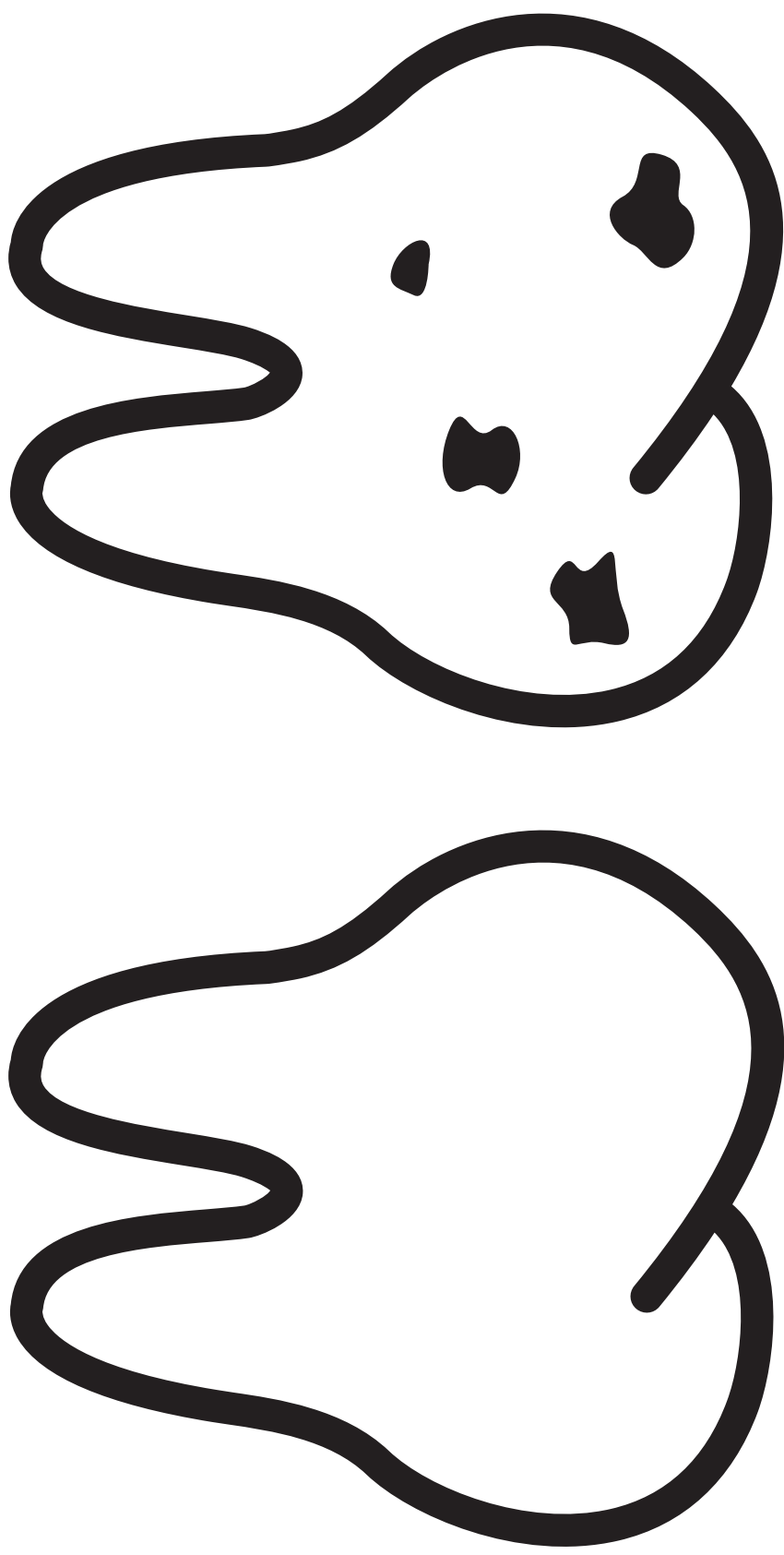
mouthwash



 Water	 bananas	 lollipops	 apple	 soda	 donut	 cheese
--	--	--	--	---	--	---

A) _____ tooth

B) _____ tooth



Choose the healthy and unhealthy tooth. Color, cut and glue the healthy foods on the healthy tooth.



This

is awarded to

Healthy Smile Certificate

for taking good care of your teeth and gums.

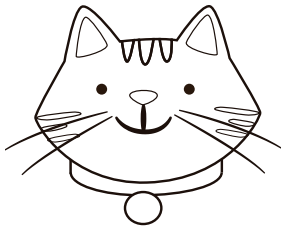
Keep up the great work!



Signed _____

Date _____

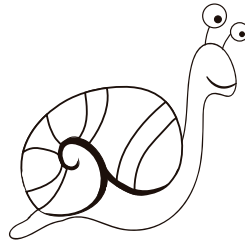
Color the animals that have teeth.



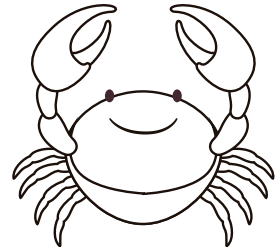
cat



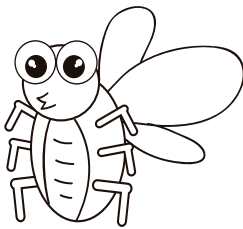
bear



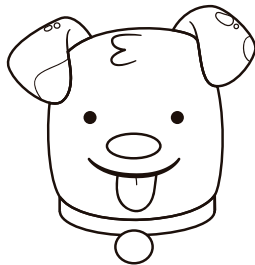
snail



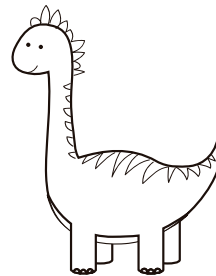
crab



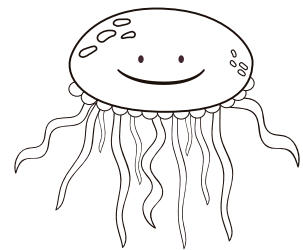
fly



dog



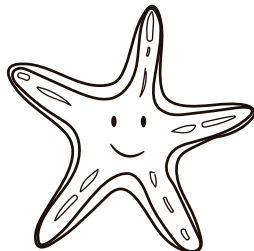
dinosaur



jelly fish



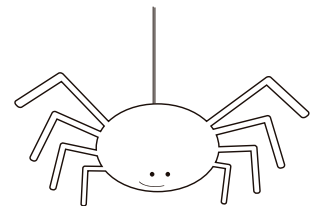
alligator



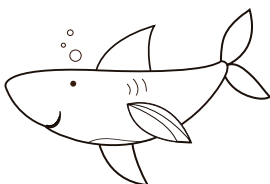
starfish



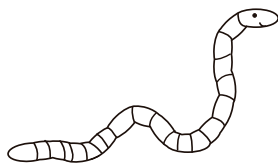
bird



spider



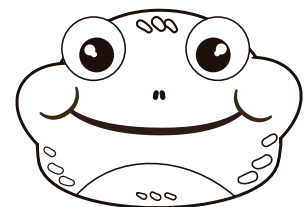
shark



worm



tiger



frog

I like my teeth because...

